



Welcome LCA President Elect-Elect-Elect

By Vinetta Frie, Nominations and Election Chair

Thank you for participating in the 2019 LCA President Elect-Elect-Elect Election at the annual fall conference at the Sheraton Hotel in New Orleans, LA. All ballots were cast at the conference and with only one write in candidate, Dr. Thomas Fonseca, was almost unanimously elected. Having served with Dr. Fonseca, I am excited to see what he will bring to LCA as he refines his vision during his leadership formation period.

Active membership in LCA is a wonderful thing. Just look at all the smiling faces in this and every issue. Would YOU like to become a more active member? President Elect Eric Odom, President Elect-Elect Dr. Reshelle Marino, and now Dr. Thomas Fonseca, will be looking for LCA members to work with them to add their contribution to our Association. Why not turn to page 18 and contact the person you would like to assist! Why not today?!🌀

Presidential Perspective We Truly Thrive Together!

Dr. Adrienne Trogden, Incoming LCA President



Wow...just WOW! What an AMAZING conference! 1,100+ counselors from all over the state came together this year in

New Orleans! Incredible! I hope you found your time at conference to be as revitalizing as I did. What a sweet time of reconnection with friends and colleagues as well as some fun in New Orleans.

Did you engage in some self-care at conference? Whether it was getting auricular acupuncture, 2nd lining through the hotel, watching the Saints win, connecting with colleagues, increasing your knowledge, or enjoying the city of New Orleans, I hope you found yourself rejuvenated and invigorated.

Did you gain knowledge that you are able to implement in your practice? LAAOC and ALGBTIC stepped up this year providing specialty tracks in addition to the LSCA track that were rousing successes! I'm so proud and thankful to these divisions for bringing some phenomenal speakers. I hope that we can continue these tracks and add even more from other divisions in coming years. We had a town hall with the LCA government affairs committee that taught us about advocacy for our

(Presidential Perspective, continued on page 2)



This issue features ...

- ✂ President Elect-Elect-Elect announced on page 1
- ✂ Presidential Perspective, on page 1
- ✂ 2019 Award winners start on page 3
- ✂ Government Relations Report on page 4
- ✂ Executive Board mini minutes on page 2
- ✂ Division President Reports begin on page 8
- ✂ Recap of Awards LPC Networking Awards and Poster Session Rewards, page 7
- ✂ Celebrating the contributions of two former LCA Presidents on page 18
- ✂ Thank you to our Conference Sponsors on page 14
- ✂ Thank you to our Conference Exhibitors on page 16
- ✂ New Leadership Roster with hyper-linked contacts to email each leader on page 17
- ✂ Thoughts and prayers requested for these LCA Members see page 18



Fall 2019

profession. What an important task for us to continue throughout the year!

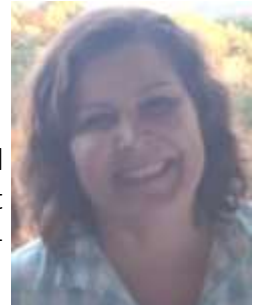
Did you engage with technology? Our conference app was used more than ever this year! So many of you were able to take pictures in sessions and post them on the app. Thank you so much! I loved seeing so many of you posting on social media about your experiences at conference. We also video recorded several sessions that will be available on the LCA website in the coming months for continuing education credits.

We truly thrive together! I hope you will continue to thrive the rest of the year until we meet again in Baton Rouge for conference next year.

I am so grateful to you for allowing me to serve you as president and I look forward to the rest of the year!

LCA Board Mini Minutes

Lisa Launey, LCA Secretary



The LCA Executive Board held the Fall Board meeting on September 28, 2019, at the Sheraton Hotel in New Orleans. The following business was addressed:

- ✂ Dr. Mary Feduccia, Government Relations Co-Chair, presented Katie Blum as the new additional GR Co-Chair. Mary highlighted a recent issue involving counselor jobs across the state. Louisiana was recognized as having a shortage of counselors so the state recently received a waiver and counselors in Federal Qualified Health Centers and School Based Health Centers will not lose their jobs. Katie noted conference opportunities and events including a Town Hall Meeting and announced this meeting will be videotaped for members.
- ✂ The board discussed and set policy for online CEU opportunities. Members will be charged \$20 per presentation or \$100 for 7 presentations and \$50 per session for nonmembers.
- ✂ Sierra Williams, Strategic Planning Chair, informed division presidents of their responsibilities concerning budgets, tax forms, social media and conference content sessions.

(LCA Board Mini Minutes, continued on page 3)



Congratulations 2019 LCA Award Winners

By Chantrelle D. Varnado-
Johnson, Awards Committee Co-
Chair

The Louisiana Counseling Association awards program acknowledges the significant contributions of someone to the counseling profession and LCA. The awards presented at the LCA Annual Conference held each fall seeks to recognize significant professional achievement.

Throughout the year, nominations are accepted for awards. Submission guidelines can be found <https://www.lacounseling.org/lca/Awards.asp>.

Please consider nominating someone for the 2020 LCA AWARDS who deserves to be celebrated and recognized for their value, accomplishments and contributions to our profession and community!

I would like to acknowledge the winners who were chosen and announced on Monday, September 20th, 2019 at the 2019 LCA Awards Luncheon.

Distinguished Professional Service Award:

Dr. Krystal Vaughn, LPC-S, NCC

Runner Up:

Dr. Donnie Underwood,
LPC, LMFT



Adrienne Trogden & Krystal Vaughn; Photo by Chantrenice Davis

Krystal Vaughn, PhD, is a Licensed Professional Counselor-Supervisor specializing in children ages 2-12. As an Assistant Professor at Louisiana State University Health Sciences Center – New Orleans she enjoys teaching as well as providing clinical services. Her research interests are supervision, play therapy, and mental health consultation. Dr. Vaughn has extensive experience providing mental

(Congratulations, continued on page 4)

- ☞ Dr. Ebrahim, Past-Past President, reported on the succession planning committee which will be working with LCA ad hoc positions of executive director, business manager, and social media for any future need or change in staffing. Volunteers for this committee are still begin accepted.
- ☞ Leah Rose, Bylaws Chair, reported on LCA Eblast policy which defines rules for email communication to members. LCA amended the digital advertising policy to ensure that there will not be any digital advertising/soliciting for personal gain, outside of NBCC approved continuing education.
- ☞ Dr. Ebrahim recognized the Leadership/Mentoring Institute (LDMI) had gained 5 new mentees and that some of the LDMI mentees had poster sessions at conference. One poster session focused on hunger in Louisiana schools and LCA was accepting donations in support of this project.
- ☞ Eric Odom, President Elect, presented a conference update and Zach Hebert, Social Media, spoke about the increased usage with the LCA app.
- ☞ Dr. Trogden reminded the board of the 3 keynote speakers, the second line to the President's reception, live streaming of the Saints game and great food to be served at the reception. She announced that for the first time at conference LCA was sponsoring a luncheon for all who pre-registered.
- ☞ Vicki Guilbeau, Professional Development Chair, noted conference evaluations are on the LCA app.

Submitted by Lisa Launey, LCA Secretary. ☞

Congratulations, continued from page 3

health consultation in childcare centers, private schools, and local charter school systems. Dr. Vaughn also provides supervision to counselor interns seeking licensure as professional counselors. She received specialized training in the fields of infant and early childhood mental health and play therapy, which she presents on locally and nationally. Additionally, she is a LACES Past Presidents, served on the LCA Executive Board, and is the current president of LAPT. She has dedicated her time over the past years to promote LCA and its divisions.



Humane and Caring Person Award:
Dr. Kellie Camelford, LPC-S, NCC

Kellie Giorgio Camelford, Ph.D. is a Licensed Professional Counselor-Supervisor specializing in adolescent and women's issues. As an Assistant Professor at Louisiana State University Health Sciences Center – New Orleans she enjoys teaching and supervising students in Practicum and Internship. Her research interests are adolescent issues and interventions, school counseling, and ethical issues in counseling. Prior to teaching, Dr. Camelford was a professional school counselor at a local parochial high school in New Orleans, and a private practitioner specializing in adolescence. Dr. Camelford also provides supervision to provisional licensed professional counselors seeking licensure as professional counselors in Louisiana. She presents locally and nationally on topics including adolescent counseling, private practice, school counseling, and self-harm. Finally, Dr. Camelford pro-

(Congratulations, continued on page 5)



GOVERNMENT RELATIONS: An Amazing National Win!

Katie Blum, Government Relations, Co-Chair



While there has not been anything specific to report about LCA sponsored Government Relations work, and am happy to tout a rather big win for our field on a national scale! As you may have heard our counterparts in Michigan prevailed and stopped a regulatory change proposed which, had it passed, it would have severely limited counselors' scope of practice. And as we have seen in recent history, such a legislative action is often duplicated in other states, resulting in a rippling national limitation.

Not to be an alarmist, but this is a real-world example of why our licensing law, LCA and our government relations efforts are critical to the state, our clients, and your ability to work! This is a good time to rededicate yourself to active membership in LCA and advocacy for mental health and our multiple competencies to help people across the lifespan to achieve it.

In 2020, GR will host another **Day at the Capital** during the LA legislative session. With your help, it will be a bigger event for counselors to get our voices heard. Our work connecting with legislators and representatives will really begin once the election is over and a call for counselors to connect to your local reps will surely follow.



Thanks for contributing to the Cereal Drive! Photo by Zach Hebert

motes her profession through her LACES Presidency, service on the Jefferson Parish Chamber of Commerce Young Professionals Steering Committee, and through active membership in related professional counseling organizations.

Research Award:
Dr. Christian Dean,
LPC, LMFT, NCC

Runner Up:
Dr. Katie Fetzer,
LPC, NCC



Adrienne Trogden and Christian Dean; Photo by Chauntrenice Davis

Christian J. Dean, Ph.D., is a Core Faculty Member in the Clinical Mental Health Counseling Graduate Program at Walden University. He is also in private practice at Counseling for Growth, LLC in Baton Rouge, LA where he specializes in working with couples and families. He is licensed as a professional counselor (LPC) and as a Marriage and Family Therapist (LMFT) in Louisiana. Dr. Dean is a Veteran of Operation Iraqi Freedom III and currently serves in the Louisiana Army National Guard as the Operations Officer for the Louisiana Medical Command. Dr. Dean participated as a collaborative investigator for the DSM-5 Field Trials in Routine Clinical Practice Settings and has presented on numerous topics at international, national, regional and state conferences. Past presentations include topics related to working with military systems, infidelity in relationships, child-centered play, substance abuse assessments, the application of systemic CBT, prevention strategies for sexual abuse, and treatment for sex offenders. He has worked with many different populations and settings to include individuals re-

covering from past trauma (combat and sexual, physical, emotional abuse), juvenile sex offenders, substance abuse recovery, and adolescent residential treatment.

LCA Graduate Student Award:
Kayla Allain



Adrienne Trogden and Kayla Allain Photo by Chauntrenice Davis

Kayla Allain is a master's candidate in the Department of Clinical Rehabilitation and Counseling at Louisiana State University Health Science Center. Kayla has conducted research on mentoring African American female graduate students in conjunction with her major professor, Dr. Kimberly Frazier. At the 2019 LCA Conference, Kayla presented a poster titled "Black Girl Magic: Using Cultured Centered Mentoring with African American Female Students." She also presented her research as a mentee at the Association of Multicultural Counseling Research Symposium at the 2019 American Counseling Association in New Orleans. In 2020, Kayla will present a poster titled, "Multicultural Mentoring: Effective Strategies for Young Professionals" at the Association of Multicultural Counseling and Development Research Symposium at the American Counseling Association Conference. Kayla is also active in student organizations as a master's student at LSU Health Sciences Center. She is an active member of the Rho Chi chapter of Chi Sigma Iota. As a member of Chi Sigma Iota, she helped create a peer buddy system for new incoming students of the department to help them better adjust to being in the graduate counseling

(Congratulations, continued on page 6)

Article continues on next column

Congratulations, continued from page 5



Adrienne Trogden and Wendy Rock; Photo by Chauntreniece Davis

program.

**LCA
Advocacy
Award:**

**Wendy
Rock, LPC-S,
NCC, NCSC**

**Wendy Rock,
Ph.D.**, is an Assistant Professor

of Counseling School Counseling and Program Coordinator at the Southeastern University. Her background is in school counseling and she excelled at the high school level before moving into her current counselor educator role at Southeastern University. Her professional leadership experience includes: LSCA President 2008-2009 (served on the LCA Board as a Division President), LSCA Government Relations Co-Chair 2010-2011, LSCA Bylaws Chair 2011-2013, LSCA Research Grant Chair 2014-2019, LSCA Scholarship Chair 2016-2018, LSCA Post-Secondary VP 2018-present. Dr. Rock has participated in numerous advocacy efforts. In Spring 2019, she advocated for changes to school counselor certification with the Board of Elementary and Secondary Education, making it possible for graduates of mental health, marriage and family, and rehabilitation counseling master's degree programs to pursue school counseling certification. In Spring 2013, she testified before the Board of Elementary and Secondary Education (BESE) Academic Goals and Instructional Improvement Committee for the school counselor mandate. She also had an Op-Ed published in The Times

-Picayune regarding this effort. In Spring 2009, she testified before the House Appropriations Committee for the National Certified School Counselor Stipend.

LCA Presidential Awards



Sean Brite (LAAOC) and Keri Satterfield (ALGBTIC) were recognized for working so hard prior to the 2019 LCA Conference to allow



the conference to offer a dedicated Addiction Track and ALGBTIC Track.



Vinetta Frie was recognized for her outstanding leadership and distinguished representation as Louisiana Counseling Association President 2018-2019.

**LCA Professional
Development
Awards:**

Trenny Barbato, Lynn Browning, Lena Daigle, Lauren Farrell, Ariel Ferguson, Molly Ferguson, Linda Griffin, James Jenkins, Louis Lowrey, David Wagner, and Calvin Williams were each acknowledged for their many years of service to the Louisiana Counseling Association for the LPC Networking Groups.

Lastly, I would like to thank Chauntreniece Davis who stepped forward to help and serve as the Awards Co-Chair. ∞

Article continues on next column



RECAP: LCA Awards 2019: The Complete Winners List

Dr. Chantelle Varnado-Johnson and Diane Austin

LCA Distinguished Professional Service

Krystal Vaughn

LCA Humane and Caring Person

Kellie Camelford

LCA Research Award

Christian Dean

LCA Graduate Student Award

Kayla Allain

LCA Advocacy Award

Wendy Rock

LCA Presidential Awards

Sean Brite

Keri Satterfield

Vinetta Frie

LCA Professional Development Awards:

LPC Networking Groups

Alexandria: Louis Lowrey ; Baton Rouge:
Trenny Barbato, Lynn Browning;
Lafayette: Lena Daigle; Metairie: Lauren
Farrell, David Wagner, Molly Ferguson
Monroe: Linda Griffin and Calvin Williams
Shreveport/Bossier: James Jenkins
Shreveport #2: Ariel Ferguson

LCA Poster Sessions: Best of Show

Putting Advocacy into Action: Fighting Hunger in LA. Schools.

Hannah Furlan, Master's Candidate, SLU

Black Girl Magic: Using Cultured Cen- tered Mentoring with African-American Female Students

Kayla Allain, Master's Candidate, LSUHC

The Mythological Man in the Van: Child- hood Sexual Abuse Education and Pre- vention Tools for Parents


Rebekah Hess, Master's Candidate, ULL

Louisiana Lagniappe



Keynote speaker, Dr. Heather Trepal

Photo by Zach Hebert



Memorials and Honorariums

*Submitted by Diane Austin, LCA
Executive Director*

LCA continues to offer the opportunity to memorialize or honor current or prior LCA members. Lucy Rogers made the first donation to the LCA Foundation in honor of Dr. Gloria Bockrath recently.

Divisions or individuals are welcome to establish such recognition for a counselor of their choice. Please contact Diane Austin, LCA Executive Director for details via lca_austin@bellsouth.net.

* Image from <http://habitatcatawbavalley.org/support/donate/honorariums-memorials>

The way we were....



*Candid photos from the LCA Awards Luncheon
by Chauntrenice Davis*



*Adrienne and Chantrelle
Photo by Zach Hebert*



Together We Thrive: Division President Reports

Louisiana Lagniappe

LAAOC: Addictions Track Wrap Up and



Spring CEU Announced!

Sean Brite, PLPC, NCC, LAAOC President

The Louisiana Association of Addiction and Offender Counselors (LAAOC) Addictions Track for the 2019 Louisiana Counseling Associations Conference was a great success! The six sessions provided helpful perspectives for all those in attendance. It was very well received and we wanted to thank all of those who joined us.

Once again special thank to our track presenters:

- ✦ LCA President Dr. Adrienne Trogden and Arwen Podesta, MD
- ✦ From The Louisiana Office of Behavioral Health Quinetta Rowley Womack, LPC, LAC-CCS, CCGC, and Joseph Kanter, MD, MPH
- ✦ Janet M. Miller LAC, CCGC, CCDP-D.
- ✦ Ann H. Wilder, M.S., MBA, LPC, LAC.
- ✦ John Antonucci LPC, LAC, NCC, CCS.
- ✦ Past Past LCA President, Dr. Christine Ebrahim LPC-S, NCC and co-presenters and Loyola University counseling students Jordan Esfeld RYT 200, Kathryn Pennings, and Annie Rooney (RYT) 200.

Spring 2020, LAAOC and LCA are partnering with The Louisiana Office of Behavioral Health for an all day in person CEU session. The focus of this event is provided clinicians with a better understanding of the Opioid Crisis in the State of Louisiana and define the resources that the are available to those with this substance disorder. The details

(Division President Reports, continued on page 10)



Notes from ALGBTIC-LA: What A Conference!

*Keri Satterfield, PLPC, NCC,
ALGBTIC-LA President*

Wow. What a conference! Words cannot fully express what it meant to our division to have such an exceptional turnout for this year's inaugural ALGBTIC track. Attendees were engaged, inquisitive, courageous, vulnerable and brave. Thank you so much for your presence and participation.

Special thanks to Ida Ansell, Claire Kohne, Claudia Norton, Kenneth Schmitt, Cody Smith, Dr. Myo Thwin Myint, & Kyle Hankinson for your time, effort and willingness to make this happen! This would not have been possible without your generosity!

We are actively seeking board members-if you are committed to advocacy/organizing and would like to be part of this movement, please email us-we would love to hear from you!

info@algbticla.org

We are on the social medias and would love a follow:

FB: @AlgbticLouisiana

IG: ALGBTIC-LA

OG: www.algbticla.org

Stay tuned for exciting collaborative efforts between the ALGBTIC Division and other LCA Divisions for training opportunities!



Article continues on next column

Division President Reports, continued from page 8

will be available after the first of next year and the event will be free to all attending. An online component will be a part this after the session is complete.

If you have any questions about joining LAAOC or becoming a part of the leadership team please contact me, Sean Brite PLPC, NCC at seanbrite@gmail.com.



L to R: LCA President Dr. Adrienne Trogden and Arwen Podesta, MD, "Ask the Doctor: An Interview with Psychiatrist Arwen Podesta MD"



LACES: Busy, Busy, Busy!

Dr. Kellie Camelford, LACES President

We have already begun a dynamic year of work to serve LACES members and Counselor Education and Supervision community. This past summer I and the other members of the LACES Board met and discussed 2019-2020 goals that include exploring opportunities for membership involvement and expansion as well as to develop and sustain effective leadership.



I'm excited to present your LACES Board Members: Kellie Camelford, President; Christine

Ebrahim, President-Elect; T'Airra Belcher, President-Elect-Elect; Tammy Wilbourn, Past President; Alexis Yankowski, Treasurer; Sola Kippers, Secretary; Dottie Martin, At Large Supervisor; Krystal Vaughn, At Large Counselor Educator; Joey Pistorius, At Large Graduate Student;

The LACES strategic plan includes: (a) LACES luncheon at the LCA Conference, (b) LACES awards, (c) LCA door prize, (d) updating the Bylaws, (e) revitalizing the Spring LACES conference, (f) improving and updating the LACES website, and (g) exploring grant/scholarship opportunities for graduate students.

Thank you to all the LACES members who attended our business luncheon and awards ceremony at the LACES Luncheon at the LCA Conference in New Orleans on October 1st. Over 30 members attended. President, Kellie Camelford shared the Board's mission and vision for the year, including planning for a spring LACES luncheon. Guest speaker, Raymond Barrett, CEO, LMHC, LPC, owner of Telehealth Certification Institute, gave an informative and engaging presentation on the benefits and practical considerations of tele-supervision. Dr. Camelford presented the following awards at the LACES Luncheon: Senior Supervisor: Dr. Laura Fazio-Griffith; Junior Counselor Educator: Dr. Chantrelle Varnado-Johnson; Senior Counselor Educator: Dr. Sola Kippers; Prospective Counselor Educator-Masters Level: Pattie-Rae Arocha; Prospective Counselor Educator-Doctoral Level: Kelle Falterman;

This spring, LACES will resume offering a one day conference. As counselor educators and supervisors, we strive to develop and use creative and innovative strategies to help students and supervisees become competent counselors. To the traditional professional presentations and poster displays we will add breakout sessions on pertinent issues related to counselor supervision and counselor education. Stay tuned for upcoming announcements, including the date, location, registration details, and presentation opportunities.

I would like to remind LACES members to watch for announcements about the upcoming LACES

(Division President Reports, continued on page 10)

Article continues on next column



Division President Reports, continued from page 9

Spring conference and other opportunities in serving our Counselor Education and Supervision community. I hope to see all of you in the upcoming LACES conference. Our board members are eager and ready to work hard to provide excellent experiences for members and serve our Counselor Education and Supervision community.

Thank you to all who attended the luncheon and we look forward to seeing you at the LACES conference in Spring 2020!



LAMFC: Exciting Plans In the Works!

Kendra Williams, LAMFC President

changing, and we must continue to evolve and grow professionally as clinicians. Come out and allow our guest speaker to share some valuable information to add to your systemic toolbox.

Please see the LCA calendar for more updates regarding the schedule for our LAMFC luncheon. Please make sure you take a moment during the conference to allow me to greet and connect with you. And finally, if you are an LAMFC member, remember to list us as your **primary division** when you register for the LCA Fall Conference! Thank you and I look forward to seeing everyone soon!



Article continues on next column

LASERVIC: Standing Together Proudly, Serving Those in Need

Dr. Dustin Reed, LPC, NCC, CRC, ALICE, LASERVIC President



Hello everyone! I was so happy to see those who joined us for the conference! I also wanted to say we had a wonderful prayer service. Further, it was a pleasure to have a chance to share a meal and the company of those at the LASERVIC luncheon. Thank you to all of those who attended the LCA conference and showed support to LASERVIC through the attendance of our events.

Some notes of business regarding the conference. Each year LASERVIC donates to different causes to help those in need within our communities. Votes regarding donation areas were held during the Executive Board Meeting, and then voted on by members during our Luncheon. LASERVIC decided that help with hurricane relief efforts in the Bahamas would be one area of donations. The other two areas of donations will go to Covenant House and Fighting Hunger in LA Schools. The two local organizations are associated with the LCA community project. I am pleased to be part of and lead LASERVIC, a division of LCA which helps make the communities of Louisiana better for everyone, present, and future! Thank you all again for allowing me to lead you and stand with you as counselors who aim to live by example and model the change that we wish to see in the communities we live in and the world!

Lastly, I encourage everyone in LASERVIC and LCA to get involved in every way possible to help bring more recognition to the needs of counselors and how we serve to promote better mental health across a wide array of diverse clients and the unique challenges they face. Remember to remain ethical in your decisions as you decide how to most effectively serve the populations of clients in our communities, schools, agencies, and organizations.

(Division President Reports, continued on page 11)



Purpose Is A Wilderness Experience

Vivica Johnson, LCCA President

The Louisiana College Counselor Association members joined together to celebrate our accomplishments as a division and gain knowledge from this year's LCCA luncheon presenter, Dr. Jerrilyn Dixon. Dr. Dixon is a graduate of Loyola University New Orleans clinical counseling program and the owner and lead clinician of Progressive Therapy Counseling and Consultation, LLC in Jackson, MS. Dr. Dixon presentation provided encouragement and inspiration to each counselor as she challenged each of us to remember our purpose in why we chose to be counselors. She reminded us that we are not just equipped to navigate the course but each of us must also oversee the beating path with each student we encounter in our offices. Dr. Dixon is pictured here with me and Dr. Christine Ebrahim, former LCA President.



During the LCCA business meeting there were two motions passed to update our current bylaws. The first motion passed was to increase LCCA annual membership from \$5.00 to \$10.00. The second motion passed was to provide continuing education support up to \$1000.00 to the President Elect or another board member to attend the American Counseling Association Conference or the Louisiana Counseling Association Conference. Board members also shared ideas about engaging all members

Article continues on next column

of LCCA and discussed strategic planning goals for the upcoming year.



Kick Off for What's to Come!

Lauren Fontenot Landry, LCDA President



How wonderful to see so many sessions about career development at the LCA Conference this year!

The LCA Conference is always a great opportunity to reconnect or meet LCDA members, and highlight our division's commitment to the field of counseling. Thank you to our members who provided sessions, attended the LCDA business meeting, and enjoyed meals & networking throughout the multi-day conference.

Looking forward, [LCDA](#) hopes to carry on the enthusiasm from the LCA Conference and plans to continue to provide high quality content & presenters for the upcoming one-day **LCDA Career Connections Conference in Baton Rouge, LA, on January 24, 2020**. The Career Connections Conference will be a wonderful opportunity for members from multiple divisions to benefit from nationally acclaimed presenters. The presenters and topics will include:

[Dr. Seth Hayden](#) - **Connecting the Dots: Addressing Career Development and Mental Health in Practice**

[Dr. Christopher Belser](#) - **Building Bridges: Strategies for Identifying and Developing Partnerships Within Career Development Work**

The Career Connections Conference has been **approved for 6 CEUs. Registration is now open**, and space is limited! To register and/or find out more information, please [visit our eventbrite page](#).

Lastly, at this time, we are **accepting nominations** for the offices of President-Elect, Treasurer, Secretary, and Member-at-Large for the **LCDA**

(Division President Reports, continued on page 13)

Division President Reports, continued from page 11

Board of Directors. Those serving as **President-Elect** will have a 3-year commitment to the Board. The **Secretary, Treasurer** and **Member-at-Large** have 2-year terms respectively. These officers will begin their service in July 2020. If you or someone you know is interested in getting involved as an officer, please email Mary Boudreaux at marybou12356@gmail.com. The election will be held at the Career Connections Conference on January 24, 2020.



Highlights from the 2019 LCA Conference

*Veronica Douglas, LPC-S, NCC,
NCSC, LSCA President*

The 2019 LCA Conference was hosted in the Crescent city of New Orleans. What was intended to be a fun-filled weekend was just that! School Counselors across the state converged together to not only earn CEUs, but facilitate workshops, network educational sessions, attend town hall meetings, unite with fellow colleagues and they (we) do it all for the profession. This year's conference offered more than 30 school counselor

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Head Table at the LCA Luncheon

From l-r: Dr. Christine Ebrahim, Dr. Reshelle Marino, Dr. Iman Nawash, Dr. S. Kent Butler, Vinetta Frie, Dr. Chantelle Varnado-Johnson, Eric Odom, and Dr. Adrienne Trogden. Zach Hebert, photographer



Louisiana Lagniappe

related sessions including the pre-conference session "Superpowers for Student Success". The pre-conference session was facilitated by Terri Tchorzynski, Mrs. Tchorzynski is the 2017 ASCA School Counselor of the Year Winner. Mrs. Tchorzynski was also the featured speaker for our LSCA Luncheon. We were excited to see our many counselor friends and colleagues visit us at the LSCA table. As reported at the culmination of the 2019 LCA conference, election results and congratulatory wishes are in order for our incoming July 2020 board members. Congratulations to President Elect-Elect: Dr. Dymphna Davis, Middle Vice President: Mary Speed, and Post-Secondary Vice President: Dr. Stephanie Eberts. Congratulations and Welcome to the LSCA Board! We appreciate your involvement and support in making this conference a success!

School Counselors provide students with academic, college/career and social emotional development that last over the lifespan and we would like to share your stories on our state and national social media sites. National School Counseling Week will be celebrated February 3-7, 2020. You can download signs to use in your school from the following site: www.schoolcounselor.org/NCSW or join @WeAreASCA #NSCW2020, which promotes the unique contributions of #schoolcounselors around the globe. 🌐



Presidential Awards

Vinetta Frie, Past President and Newsletter Editor

It is no secret that I think LCA is a pretty special organization. For many years, I have encouraged you to become a more than financial member. As Past President, I had the special opportunity to recognize several very important people which whom I had worked during my year as LCA President. It was a dangerous decision. So many of you did so many things, made great contributions to LCA as members of my board, as well wishers and morale support, as newsletter committee members and contributors. Yet as I thought about it for months, several persons performed exemplary service.

Last year, I had so many ideas about how to celebrate our 50th Anniversary as a state branch of the American Counseling Association. Two members unaware of each other offered me their help. They truly helped convert my vision to a reality that was even better than I hoped because they also shared their ideas as well. My first two Presidential Citations were awarded to Chi Franklin and Tara Washington.

My second Presidential Citation went to three young women who you have probably seen, but may not have known who there are! They are Au-



dra Toussaint, Robyn Sonnier, and Helen Wilson. (Pictured below, in the same order!) For several years they have staffed the volunteers desk, been the smiling face helping you to pick up conference materials, and answering general questions.

Producing this newsletter is the work of many people — not just me. There are the writers of the articles, the photojournalists, and those who read every word, looking for continuity in the issue, as well as grammatical and spelling accuracy. My third Presidential Citation was presented to Vicki Gilbeau, who not only meticulously reviews each issue, but ALSO served on my board as Professional Development Co-Chair!



Beside such wonderful servant leaders, there is still room for YOU! LCA needs your vision and energy. Contact me about what you might do! ☞



Article continues on next column

LCA Member Services:

1-888-522-6362



LCA Website:

www.lacounseling.org





With many thanks to our sponsors

2019 Conference Sponsors

Diane Austin, LCA Executive Director

On behalf of LCA I extend a heart-felt "THANK YOU" to each of following sponsors and exhibitors at our 2019 Annual Fall Conference. This year we were honored to have one Gold Sponsor, two Silver Sponsor and four Bronze Sponsors. Take a look!

GOLD SPONSOR:



National EMS Academy maintains six campuses in Louisiana. Depending on the facility, EMT and paramedic training is available for individuals interested in beginning a career in EMS. Regularly scheduled refresher courses and other continuing education opportunities are also available. With grant finding from the Department of Labor and the Department of Economic Development, the National EMS Academy was established in 2003 to meet the demands of a nationwide paramedic shortage. The Academy is an educational partnership between Acadian Ambulance Service, South Louisiana Community College and Texas A&M Engineering Extension Service with the primary objective of providing the education and training necessary for individuals seeking to enter the emergency medical services industry

SILVER SPONSOR:



***Physicians Behavioral Hospital** is a 24-bed behavioral health unit that offers both psychiatric and chemical dependency treatment in addition to extensive outpatient services through*

Article continues in the next column

Louisiana Lagniappe

our partial hospitalization program and intensive outpatient program. As a pillar of our community treating psychiatric concerns since 2008, we have successfully treated and transitioned over 1500 patients back into the community. A commitment to excellence in diagnosis, treatment and education- these concepts are at the core of Physician's Behavioral Hospital's mission. Offering the most advanced behavioral health treatments for individuals ages 18 and older, physicians is a place where lives are turned around and hope is restored. Individuals and families are placed on a path to healing, enabling patients to lead more productive, fulfilling lives.

SILVER SPONSOR:

***Woodlake Addiction Recovery Center** views alcoholism and/or addiction to be a manifestation of underlying issues that, if not addressed, the person will not recover or remain in recovery. Consequently, treatment involves an holistic approach addressing the interrelated components of the personality which includes the spiritual, mental, emotional, social, physical and the volitional or will power of the person.*



BRONZE SPONSOR:

***AmeriHealth Caritas Louisiana** is part of the AmeriHealth Caritas family of companies, a national leader in managed care. The name Caritas stands for care. That's because care is the heart of our work. Our name shows our commitment to our #1 priority: the health of you and your family. AmeriHealth is an expert in providing quality health care to people covered by publicly funded programs. These programs include Medicaid, Medicare, and Louisiana Children's Health Insurance Program*
(2019 Conference Sponsors, continued on page 16)



2019 Conference Sponsors, continued from page 19

(LaCHIP). AmeriHealth Caritas Louisiana helps members get the care they need when they need it. We do this with: a coordinated approach to health care, leading-edge technology solutions and innovative community programs. Our goal is to improve health outcomes for our members and build healthy communities across Louisiana.

BRONZE SPONSOR:

Brentwood Behavioral Hospital offers behavioral health and chemical dependency treatment for children, adolescents, and adults.



BRONZE SPONSOR:

HPSO Insurance takes care of counselors as they take care of their clients. HPSO offers a simple, affordable solution to help safeguard the professional's assets, license, and career.



BRONZE SPONSOR:

Palmetto Addiction Recovery Center is a residential treatment center for males and females located in Rayville, Louisiana. Palmetto provides treatment for drugs and alcohol and co-occurring disorders. Palmetto is privately owned and operated and is in the network with many insurance companies.



BRONZE SPONSOR:

Magellan of Louisiana works with children enrolled in CSoC. The Coordinated System of Care (CSoC) helps children and youth ages 5-20, who have serious mental health and sub-



Article continues in the next column

stance use challenges and are in or at-risk of out-of-home placement. It also helps their families. It offers services and supports that help these youth return to or remain at home while they are being helped.

BRONZE SPONSOR:

TPN.Health (Trusted Provider Network) is the professional tool providing membership and the local community with a national reach for licensed clinicians and vetted treatment providers to confidentially navigate patient behavioral health.



The LCA Leadership Roster

Vinetta Frie, Newsletter Editor

In every issue of **The Louisiana Lagniappe**, you find inspirational articles about what the various Divisions and volunteer servant leaders are doing. It is always our hope as officers and leaders in LCA that you might be inspired to take a more active part in **your** professional association!


During Dr. Christine Ebrahim's term, the listing grew so long, that there was not space to show the email addresses as contact information. So if the person did not submit an article that quarter including their contact info, you may not have had a way to follow-up.

If you are reading this online, and you would like to contact anyone on the current leadership roster, simply double click their name! The hyperlink should activate the link and you will be able to email! If you are reading a printed version, the article submitted by the leader typically includes their email. If you cannot find an email, please contact me, Vinetta Frie via frienews@yahoo.com or <https://www.lacounseling.org/lca/default.asp> which is the LCA website. Hope this helps! ☺



Thank You 2019 Conference Exhibitors!

Diane Austin, LCA Executive Director



Ahvair: Medical Billing for Therapists
Beacon Behavioral Hospital
Brentwood Behavioral Hospital Sponsor
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2019—2020 LCA Leadership Roster*

ELECTED OFFICERS

<u>Dr. Adrienne Trogden</u> <i>President</i>	<u>Eric Odom</u> <i>President Elect</i>	<u>Dr. Reshelle Marino</u> President Elect-Elect	<u>Vinetta Frie</u> <i>Past President</i>
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AD HOC MEMBERS

<u>Diane Austin</u> <i>Executive Director</i>	<u>Austin White,</u> <i>Business Manager</i>	<u>Dr. Thomas Fonseca</u> <i>Parliamentarian/ Chaplin</i>	<u>Lisa Launey,</u> <i>Secretary</i>
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[Zach Hebert](#) PLPC Manual

LCA DIVISION PRESIDENTS

ALGBTIC-LA <u>Keri Satterfield</u>	LAAOC <u>Sean Brite</u>	LACES <u>Kellie Camelford</u>	LAMCD <u>Naomi Duggar</u>
LAMFC <u>Kendra Williams</u>	LASERVIC <u>Dr. Dustin Reed</u>	LCCA <u>Viveca Johnson</u>	LCDA <u>Lauren Landry</u>
LCSJ <u>Dr. John Dewell</u>	LMHCA <u>Wendy Durant</u>	LSCA <u>Veronica Douglas</u> <i>Ex Officio Member</i>	LACGS <u>Sarah Oldendorf,</u>

[Audra Tousaint,](#) PLCA, Provisional Licensed Counselor Association

COMMITTEE CHAIRS

ADA COMPLIANCE <u>Kimberly Lachney</u>	ARCHIVES <u>Jenny Petty</u>	AWARDS COCHAIRS <u>Chantrelle Varnado-Johnson</u> and <u>Chauntreniece Davis</u>	
By-Laws <u>Leah Rose</u>	FINANCE <u>Eric Odom</u>	GOVERNMENT RELATIONS <u>Mary Feduccia</u>	GOVERNMENT RELATIONS CO-CHAIR <u>Katie Blum</u>
LCA JOURNAL CO-EDITORS <u>Dr. Peter Emerson</u> and <u>Dr. Meredith Nelson</u>		LPC BOARD LIAISON <u>Jamie Doming</u>	MEMBERSHIP <u>Dr. Reshelle Marino</u>
MENTORING TASK FORCE <u>Dr. Christine Ebrahim</u>	Newsletter Editor <u>Vinetta Frie</u>	NOMINATIONS <u>Vinetta Frie</u>	PUBLIC RELATIONS <u>DeeDee Toney</u>
PROFESSIONAL DEVELOPMENT, CO-CHAIRS <u>Vicki Guilbeau</u> and <u>Asha Murphy</u>		Strategic Planning <u>Leah Rosa</u>	*Double click the name of the leader you wish to email

Louisiana Lagniappe

In Memory of Your Service



Mrs. Debbie Willis
LCA President, 1992-1993

Dr. Laurabeth H. Hicks
LCA President, 1973-1974



The *Louisiana Lagniappe* is the quarterly newsletter of the Louisiana Counseling Association, LCA. LCA is the state branch of the American Counseling Association, ACA. LCA includes 2,300+ members, and 13 Divisions! LCA unites professional counselors from diverse work settings into a single statewide organization. LCA works to promote advocacy, collaboration, and networking among its membership for the good of Louisiana's multi-generational clients.

NEWSLETTER CORRECTION

Please contact Vinetta Frie, Editor via frieneews@yahoo.com. Please use *Lagniappe Error* in the subject line to report an error.

LAGNIAPPE TEAM

Your newsletter is the result of the following team: Vinetta Frie, Editor; Diane Austin and Lisa Launey, Contributing Editors; Dr. Christine Ebrahim & Vicki Guilbeau, Proofreaders.

SUBMISSIONS

Send all submissions to newsletter editor, Vinetta Frie via her e-mail address: frieneews@yahoo.com. To assure a speedy response, please include the words: *Lagniappe Article*, in the subject line. Electronic submission of photographs via e-mail as a .jpeg or .png file *is preferred*. Submission of hard copy photos or on disk or flash drives become the property of the newsletter.


NEXT NEWSLETTER


SUBMISSION DEADLINE:

February 2020

(Approx. 1 week after the
Spring Board Meeting)

With Heartfelt Thoughts and Prayers

 Debbie Willis, who served as LCA President 1992-93 and was instrumental in helping to pass the LA LPC Law, died on August 30, 2019. Please remember her husband Cecil.

 Dr. Laurabeth H. Hicks, PhD, who served as the LCA President 1973-74, during our first decade of existence. She passed away in late October 2019. Please remember her family.

We need your help to acknowledge any member's serious illness, grieving, or recent death. Please share the information with either [Diane Austin](#) or me [Vinetta Frie](#). Thank you, in advance.